



CORBIN'S COLOR OF THE YEAR

# roast beet HUMMUS

"I love making sauces and dips. This is one of my favorites that I've been sure to have each year around the holiday season!"

— Corbin, Creative Team

YIELD: 12+ servings

### INGREDIENTS

- 15 oz can garbanzo beans, rinsed
- 3 tbsp water
- 1 tsp kosher salt
- ½ tsp cumin
- Juice of 1 lemon
- 1 cup diced, cooked beets OR 15 oz canned beets
- 2 cloves garlic
- 4 tbsp olive oil, divided
- Dash of cayenne pepper
- ¼ cup tahini
- Pinch of red pepper flakes or paprika

## MATERIALS

Food processor

## INSTRUCTIONS

- 1. In the bowl of a food processor, add garbanzo beans, water, salt, cumin, and lemon juice. Process for about 1 minute. Add beets, garlic, 3 tablespoons olive oil and cayenne pepper. Process for 2-3 more minutes.
- 2. Add tahini, process and scrape the sides and bottom of the bowl, and process for 30 more seconds.
- 3. Once it is creamy, pour into a bowl and drizzle remaining 1 tablespoon olive oil over the top and sprinkle with red pepper flakes or paprika.

### TIPS AND TRICKS

If the hummus is thick, you may add 2-3 tablespoons water while the food processor is running to reach the perfect consistency.